

Event Report

Department Name: Women's Development Cell - SVU		Academic Year: 2024 -25
Title of the Event	'Introspect to Respect'	
Type of the Event (Webinar/Seminar / Conference /FDP / Workshop /Training / Guest Lecture)	Seminar	
Level of Organization (Local/State National /International/ Intercollegiate /Intracollegiate)	Organized by Women Development Cell of Somaiya Vidyavihar University	
Collaborators if any	--	
Date of the event	25 September 2024	
Time	2 pm to 3:30 pm	
Venue	Seminar Hall, S K Somaiya College, Aurobindo Bldg, SVU	
Name of the Resource Person \ Guest	Ms Nayana Sahasrabuddhe,	
Brief profile of the resource person	Social Worker, Writer & Former Banker, & National Vice President, Bharatiya Stree Shakti Author of award winning book named "Stree Bhan" in Marathi discussing women and gender issues is published in Sept, 2019. Co-editor of a book "Indian Perspective on Women" by Drishti, Pune Co-editor of A hand book for new entrants in politics - " Mi Nagarsevika" (Marathi) 2011 and 50% Arakshan aur Mai in Hindi	
Objective of the Event	To address the importance of mutual respect, responsibility and sensitivity and the rising concerns about safety and respect in the society.	
Report (Not more than 500 words)	<p>"Women are given inconsequential roles at workplaces, and we rarely have a Sunita Williams who explores the sky," says Ms Nayana Sahasrabuddhe, National Vice President, Bharatiya Stree Shakti at Somaiya Vidyavihar University</p> <p>The Women Development Cell of the Somaiya Vidyavihar University organised a seminar titled 'Introspect to Respect' with the objective of addressing the importance of mutual respect, responsibility and sensitivity,</p>	

and the rising concerns about safety and respect in the society, at the Seminar Hall, S K Somaiya College, Aurobindo Bldg, Somaiya Vidyavihar University on 25th September, 2024.

Ms Nayana Sahasrabuddhe graced the event as eminent speaker and she was joined on the dais by Ms Seema Deshpande, Office Secretary, Mumbai, Maharashtra, Bharatiya Stree Shakti, CA Monica Lodha, Director, SK Somaiya College, & Ex-officio President, Women Development Cell, Somaiya Vidyavihar University and Prof Nandana Prabhu, Associate Professor at KJSCE and Secretary, WDC, SVU.

Prof Nandana Prabhu introduced the distinguished speaker, Ms Nayana Sahasrabuddhe who was then felicitated by Ex-officio President of Women Development Cell, Somaiya Vidyavihar University, CA Monica Lodha.

Ms Nayana Sahasrabuddhe began her talk referring to the news about Badlapur incident and said that we get concerned about women safety only when we hear some news. She emphasised on asking some pertinent questions - ‘We are neither the perpetrators nor the victims, and so what are our thought processes and where do we go wrong?’ ‘We need to think about what is our scale of security or respect?’ Ms Nayana emphasised the fact that responsibility of safety rests with all – not just with the police, government, institutions, etc. “My safety, my responsibility and her safety is also my responsibility, she said.”

With her vast experience as a social worker Ms Nayana addressed the underlying issues that contribute to a culture of discrimination and violence, emphasizing the necessity for introspection and change.

She spoke on Gender-based violence (GBV), an example of institutionalised crime, where societal norms and power structures create environments that normalize and perpetuate violence against marginalized groups, especially women and gender minorities.

‘Sexism, she said, ‘is deeply rooted in prejudice and discrimination, resulting in harmful stereotypes about gender roles. These stereotypes can lead to

	<p>discrimination in multiple aspects of life, including the workplace, family structures, and social interactions.’</p> <p>Ms Nayana spoke on the issue of gender pay gap which is a tangible example of inequality between men and women. Despite progress in many areas, women often earn less than men for the same work, reflecting broader societal biases and structural inequities. ‘This disparity, she said, ‘reinforces binaries of power, where one gender (typically men) holds more economic power than others’. “Women are given inconsequential roles at workplaces, and we rarely have a Sunita Williams who explores the sky,” she said.</p> <p>In her talk, Ms Nayana, touched upon varied aspects like Toxic Masculinity, Anti-Heroism, and Media Influence. She spoke about how the simplification, generalisation and casualisation of Gender based violence leads to its normalisation.</p> <p>She spoke on the need to address the root causes of discrimination and violence, for both boys and girls through self-reflection. Understanding the impact of societal expectations on their thoughts, emotions, and actions can help individuals challenge harmful norms and develop healthier attitudes toward themselves and others.</p> <p>Ms Nayana’s talk elicited a positive response from the students who asked some very fundamental questions in the Q&A session. The students, faculty and staff listened with rapt attention and gained immensely from the talk. Prof Bharati Makhijani, faculty at SKSC and a member of the Women Development Cell, SVU proposed the vote of thanks.</p>
Number of beneficiaries	
Expected Outcome	<ul style="list-style-type: none"> ●
Documents Attached	<ol style="list-style-type: none"> 1) Flyer 2) Attendance 3) Invitation & Appreciation letters 4) Geo Tagged Photos

Women Development Cell Somaiya Vidyavihar University, Mumbai

Presents

A talk on Introspect to Respect



Ms Nayana Vinay Sahasrabudhe

Social worker, Writer & a Former Banker
National Vice President Bharatiya Stree Shakti



Date: 25th September, 2024 Time : 2.00 to 3.30pm
Venue : Ground floor, Seminar hall, Aurobindo bldg



Day & Date: Wednesday 25th September 2024

Time: 02:00 PM

Venue: Ground Floor, Seminar Hall, Aurobindo Building

Event: Seminar on " Introspect to Respect"

Sr. No.	Name	Affiliation (Faculty / Staff / Student)	Name of the College	Signature
1.	Eshita Saxena	Student	KJSIM	
2.	Nvani Tyagi	STUDENT	KJSIM	
3.	KATHERINE JOSE	STUDENT	KJSIM	
4.	Deepali Phalak	Faculty	KJSCE	
5.	Shezadi Khan	student	KJSED	
6.	Priyanka Patel	student	KJSED	
7.	Madhura Bashte	Staff	SKSC	
8.	Kusum Karande	Staff	SKSC	
9.	Neeta Thakur	staff	SKSC	
10.	Monaz Iani	Staff	SKSC	
11.	Fizza Khan	Staff	SKSC	
12.	Siddhant Rahate	Student	SKSC	
13.	Gokul k	Faculty	SKSC	
14.	Sehar Sheikh	student	SKSC	
15.	Vidya Rathod	student	SKSC	
16.	Ashlesha Jadhav	student	SKSC	
17.	Zainab Ayaz	Student	SKSC	



Sr. No.	Name	Affiliation (Faculty / Staff / Student)	Name of the College	Signature
18.	Zubaida Fakhi	Student	SKSC	<u>Zubaida</u>
19.	Nandini Vashist	Student	SKSC	<u>Nandini</u>
20.	Abhi Agarwal	Student	SKSC	<u>Abhi</u>
21.	Vansh Kacharo	Student	SKSC	<u>Vansh</u>
22.	Dhruv Negi	Student	SKSC	<u>Dhruv</u>
23.	Tanush Shetty	Student	SKSC	<u>Tanush</u>
24.	Riddhika Mishra	Student	SKSC	<u>Riddhika</u>
25.	Labdhi Shah	Student	SKSC	<u>Labdhi</u>
26.	Kritanaa Krishnan	Student	SKSC	<u>Kritanaa</u>
27.	Vibhuti Bhamushali	Student	SKSC	<u>Vibhuti</u>
28.	Dipesh Singh	Student	SKSC	<u>Dipesh</u>
29.	Priyanshu Thakur	Student	SKSC ^{F1BBA}	<u>Priyanshu</u>
30.	Shreya Singh	Student	SKSC ^{F4BBA}	<u>Shreya</u>
31.	Vrushali Mehta	Student	SKSC	<u>Vrushali</u>
32.	Dhruvi Maloo	Student	SKSC ^{F1BBA}	<u>Dhruvi</u>
33.	Pal. Dubaiya	Student	SKSC ^{F4BBA}	<u>Pal</u>
34.	Sara Hazra	Student	SKSC ^{F4BBA}	<u>Sara</u>
35.	Khushi	Student	SKSC ^{F4BBA}	<u>Khushi</u>
36.	Shubhalakshmi	Student	SKSC ^{F4BBA}	<u>Shubhalakshmi</u>



Sr. No.	Name	Affiliation (Faculty / Staff / Student)	Name of the College	Signature
37.	Abhinav Madhu N. sin	student	SKSC FYBBA	
38.	Sanya Sanchez Chaturvedi	Student	SKSC FYBBA	Sanya Sanchez
39.	Akhiraj Prakash	student	SKSC FYBBA	
40.	Aaditya Malok	Student	SKSC FYBBA	
41.	Simran Jany	Student	SKSC FYBBA	
42.	Palak Deshmukh.	student	SKSC FYBBA	
43.	Prishita Salunkhe	student	SKSC FYBBA	
44.	Anisha Rawat	student	SKSC FYBBA	
45.	Pooja Shireat	student.	SKSC FYBBA	
46.	Pooja Phoka	student	SKSC FYBBA	Pooja
47.	Ankita Keshari	Student	SKSC FYBBA	
48.	Shrawani Bhosale	student	SKSC FYBBA	
49.	Mitali Phadnis	student	SKSC FYBBA	
50.	Swarali Deshmukh	student	SKSC FYBBA	
51.	Yash Bari	student	SY BPA MSSMPA	Yash Bari
52.	Varshika Singrodia.	student	SKSC FYBBA	
53.	Samiksha Devadiga	Student	SKSC FYBBA	
54.	Toshini Pamarti	student	SKSC FYBBA	
55.	Soham Mare	Student	SKSC FYBBA	



Sr. No.	Name	Affiliation (Faculty / Staff / Student)	Name of the College	Signature
56.	Veer Dodhia	Student	FY BBA	V. Dodhia.
57.	Sunny Kothari	Student	FYBBA	
58.	Akshay shekatkar	student	FY BBA	
59.	Pratham Gupta	Student	FY BBA	
60.	Om Bhavsar	Student	FY BBA	
61.	Amol	Student	FY BBA	
62.	Rudra Granatre	Student	FYBBA	
63.	Vivek Menon	Student	FyBBA	Vivek
64.	Harsh Jadhav	Student	FYBBA	
65.	Alankrit Dwivedi	Student	FY BBA	Alankrit
66.	Meghnaa Gajra	Student	FY BBA	Meghnaa
67.	Krupa Trivedi	student	FYBBA	
68.	Araa Desai	student	FY BBA	Desai
69.	Jainam Daga	Student	FY BBA	
70.	Vedant Bhanushali	Student	FYBBA	Vedant
71.	Dr. Rajalakshmi	Faculty	Accounting & Finance SKSC	
72.	Kritika Bhosale	Faculty	Dept. of Languages and Literature	
73.	Saniya Chavan	Student	FY BSC Psycho	
74.	Annanya Vanikar	Student	FY BBA (B) (Finance)	Annanya



Sr. No.	Name	Affiliation (Faculty / Staff / Student)	Name of the College	Signature
75.	Tiya Kewalramani	student	SKSC FY BBA (B)	
76.	Vijaylaxmi Konar	Student	SKSC FY BSc psychology	
77.	Harshita Ghag	Student	SKSC FY BSc Psychology	
78.	Hamsini Sreekakulam	student	SKSC FYBBA Finance	
79.	Aradhana Kunder	Student	SKSC FYBBA finance	
80.	Dr. Aparna Jain	Faculty	SKSC	
81.	Dr. Bharati M	faculty	SKSC	
82.	Prachi Pathak	Faculty	KJSIDS	
83.	Dyoti Varavadekar	Faculty	KJSCE	
84.	Usha Sharma	faculty	KJSCEd	
85.	Biya Balakrishna	faculty	SKSC	
86.	Mawelha Assumption	Faculty	SKSC	
87.	Jessa Jacob	—	—	
88.	Dashant Ann Purohit	Faculty	SKSC	
89.	Dr. Sanjay Rosh	Faculty	SKSC	
90.	Nandane Prabhu	Faculty	KJSCE	
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Somaiya Vidyavihar University
Women Development Cell
Seminar on 'Introspect to Respect'
25th September, 2024 | 2 pm | Seminar Hall, Aurobindo Bldg

Program Flow

Sr No.	Agenda	
1	Inviting guests/dignitaries on to the dais	
2	Lighting of the Lamp	Ms Nayana S with Dignitaries on the Dais
3	Somaiya Prayer	Students of KJ Somaiya College of Education
4	Opening / Welcome Address	CA Monica Lodha , Director, S K Somaiya College, & EX-officio President, WDC, SVU
5	Introduction & Welcoming the Speaker – Ms Nayana Vinay Sahasrabuddhe	Dr Nandana Prabhu , Secretary, WDC, SVU
6	Talk by Speaker	Ms Nayana Vinay Sahasrabuddhe , National VP, Bharatiya Stree Shakti
7	Vote of Thanks	Dr Bharati Makhijani , Faculty, SKSC & Member, WDC, SVU

Seminar on " Introspect to respect" in Hybrid mode: Sept 25,2024

wdc svu <wdc.svu@somaiya.edu>

Tue, Sep 24, 2024 at 12:08 PM

To: Faculty SVU <faculty.svu@somaiya.edu>, Staff SVU <staff.svu@somaiya.edu>, SVU_Students <students.svu@somaiya.edu>, Director SKSC <director.sksc@somaiya.edu>, Director IQAC <director.iqac@somaiya.edu>, PREETI RAWAT <preetirawat@somaiya.edu>, PRACHI PATHAK <prachi@somaiya.edu>, JYOTI VARAVADEKAR <jyotivaravadekar@somaiya.edu>, NIVEDITA GAVAS <niveditakokam@somaiya.edu>, "DR.BHARATI M." <bharati.m@somaiya.edu>, Rupali Gadkari <rupalig@somaiya.edu>, Rajalakshmi Krishnan <assistant-registrar.admin@somaiya.edu>, Sanjay Rode <sanjay.rode@somaiya.edu>, "DR. KIRTI Wankhede" <kirti.w@somaiya.edu>, Rashmi Soni <rashmi.soni@somaiya.edu>, MILIND GAWAI <milind.gawai@somaiya.edu>, Kusum Karande <kusum.karande@somaiya.edu>, Shruti Chavarkar <shruti.c@somaiya.edu>, Rupali Pethkar <pethkarrupali7@gmail.com>, nagare.harshada@somaiya.com, Vaidehi Patil <vaidehi.patil@somaiya.edu>, Gayatri Shankar <gayatri.shankar@somaiya.edu>, AAYUSH VERMA <aayush.verma@somaiya.edu>, VAIBHAV NARWANE <vsnarwane@somaiya.edu>, Usha Sharma <usha@somaiya.edu>, TEHSEEN RAAVI <tehseen@somaiya.edu>, SUNITA GANGRADE <sunita.gangrade@somaiya.edu>
Cc: Registrar SVU <registrar@somaiya.edu>

Dear all,

The Women Development Cell of Somaiya Vidyavihar University(WDC_SVU) has organised a Thought provoking seminar titled " **Introspect to Respect**" for faculty members, Staff and students.

The objective of the seminar is to address the importance of mutual respect, responsibility and sensitivity in the of rising concerns about safety and respect in the society,

The session will focus on sensitization and creating awareness and importance of respecting one another in a community.

Details of the seminar:

Mode: Hybrid

Date: September 25, 2024

Time: 2 .00PM to 3.30PM

Venue(Offline): Ground Floor, Seminar Hall, SKSC , Aurobindo Building

Speaker: Nayana Vinay Sahasrabuddhe

Social worker,Writer and former Banker

National Vice President,BSS

Zoom link for attending the event Online:

<https://somaiya-edu.zoom.us/j/92285468520?pwd=ReET9du6ruglLDeHSq3EvkSLa3GXCF.1>

Meeting ID: 922 8546 8520

Passcode: 751191

Attached: Profile of Speaker
Flyer of the event

Thanks and regards,

2 attachments



Women Development Cell final (2).pdf
6732K



Profile of Speaker_Nayana.pdf
348K

Invitation for Seminar on " Introspect to respect"

wdc svu <wdc.svu@somaiya.edu>

Sun, Sep 22, 2024 at 9:29 AM

To: nayana63@gmail.com

Cc: Seema Deshpande <seemapujarideshpande@gmail.com>, Director SKSC <director.sksc@somaiya.edu>, PREETI

RAWAT <preetirawat@somaiya.edu>, Director IQAC <director.iqac@somaiya.edu>, Registrar SVU

<registrar@somaiya.edu>

Respected Madam,

The Women Development Cell, Somaiya Vidyavihar University (WDC_SVU) in association with Bharatiya Stree Shakti (BSS) is delighted to extend an invitation as a distinguished speaker at our upcoming event.

Details of the event:

Date: September 25, 2024

Time: 2 .00PM to 3.30PM

Venue: Ground Floor, Seminar Hall, SKSC , Aurobindo Building

Speaker: **Nayana Vinay Sahasrabuddhe**

Social worker,Writer and former Banker

National Vice President,BSS

The objective of the seminar is to address the importance of mutual respect, responsibility and sensitivity in the of rising concerns about safety and respect in the society.

Your commitment to addressing this crucial subject will undoubtedly help all of us in deeper understanding of its significance in contemporary society. Given your esteemed reputation and expertise in this field , we believe your perspective will greatly enrich the discourse and provide valuable insights to students and faculty .

We are excited about the prospects of having you share your knowledge and expertise with our University Committee.

Thanks and regards

Dr Nandana Prabhu

Secretary, Women Development Cell

Somaiya Vidyavihar University

Associate Professor, Department of Information Technology

K J Somaiya College of Engineering



SOMAIYA
VIDYAVIHAR UNIVERSITY



Date: 25th September 2024

To
Nayana Vinay Sahasrabuddhe
Social worker, Writer and former Banker
National Vice President, BSS

LETTER OF APPRECIATION

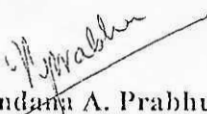
We wish to express our sincere gratitude for taking time from your busy schedule to be the guest Speaker at the event “Introspect to Respect” organized by Women Development Cell on 25th September 2024 at Somaiya Vidyavihar University.

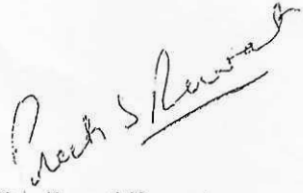
It was pleasant to listen to you and learn. All thanks to your enlightening words that inspired us. Your presence and wise words magnified our cause in the best possible way.


We treasure your contributions and time with us. We will be grateful to see you in future.

Wishing you all the best for your future endeavors.

Thanks & Regards,


Dr. Nandani A. Prabhu
Secretary (WDC-SVU)


Dr. Preeti Rawat
Chairperson (WDC-SVU)

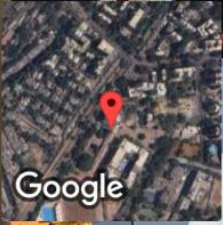

CA Monica Lodha
Ex-Officio President (WDC-SVU)





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GPS Map Camera



Mumbai, Maharashtra, India
3VGX+CM6, Sarvoday Buddh Vihar Marg, Vidyanagar, Vidya Vihar East, Vidyavihar,
Mumbai, Maharashtra 400077, India
Lat 19.076099°
Long 72.899023°
25/09/24 02:45 PM GMT +05:30